

GEORGIA · EVERY NOVEMBER · EST. 2025

Educator Mental Health *Awareness Month*



In 2025, Georgia issued the nation's first and only official proclamation recognizing November as Educator Mental Health Awareness Month.

More than a celebration of educators, this month is a statewide commitment to the mental health and wellbeing of every educator, from early learning through higher education.

Everyone who shows up for students every day deserves the reminder to care for their mental health and wellbeing.

01 AWARENESS

Honor the educator experience.

Spread the word. The educator experience is unique, and every educator deserves intentional reminders to care for their mental health and wellbeing.

02 ADVOCACY

Move toward meaningful legislation.

Champion policy that improves the educator experience and strengthens the mental health and wellbeing of educators.

03 ACTION

Equip schools and districts.

Share practical ways schools and districts can support educator mental health and wellness, in November and beyond.

YOUR NOVEMBER RESOURCE HUB

Everything you need for November

Announcements, social media posts, and ideas to share with your staff in November.

www.drshamirawebb.com



SCAN ME

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